

Feel Good Yoga Workshops 2010

YOGA for a HEALTHY BACK

**Saturday 20th March 10
9.30am – 11.30am**

**At St Ambrose Catholic Church Hall,
2 Warren Park, off Chapel Road, Warlingham**

Suitable for students of all levels

Mats are provided

Limited spaces available

Cost: £15

**For further details & to secure your place
please call Dimi on 07798-501844 or visit
www.feelgoodyoga.co.uk**

