

Feel Good Yoga Workshops 2010

BUILD your own YOGA practice

Saturday 4th September 10

9.30am – 11.30am

At St Ambrose Catholic Church Hall,
2 Warren Park, off Chapel Road, Warlingham

This workshop is an opportunity to create a
very unique practice of your own and take
yoga into your daily life

Limited spaces available

Cost: £17 early birds or £20 on the day

For further details & to secure your place
please call Dimi on 07798-501844 or visit

www.feelgoodyoga.co.uk

